

You can receive important preventive services at no charge

Under the Affordable Care Act, you and your family may be eligible for some important preventive services at no additional cost to you.*

Covered preventive services for adults	Who is it for?	pays	Individual pays
Abdominal aortic aneurysm: <i>One-time screening</i>	<ul style="list-style-type: none"> Men aged 65 to 75 years who have ever smoked 	100%	\$0
Alcohol misuse: <i>Screening and counseling</i>	<ul style="list-style-type: none"> All adults 	100%	\$0
Aspirin use to prevent cardiovascular events	<ul style="list-style-type: none"> Men aged 45 to 79 years Women aged 55 to 79 years 	100%	\$0
Blood pressure: <i>Screening</i>	<ul style="list-style-type: none"> All adults 	100%	\$0
Cholesterol: <i>Screening</i>	<ul style="list-style-type: none"> All men aged 35 years and older Men aged 20 to 35 years with heart disease or risk factors for heart disease Women aged 20 years and older with heart disease or risk factors for heart disease 	100%	\$0
Colorectal cancer: <i>Screening</i>	<ul style="list-style-type: none"> Adults over 50 years of age 	100%	\$0
Depression: <i>Screening</i>	<ul style="list-style-type: none"> All adults 	100%	\$0
Diabetes (type 2): <i>Screening</i>	<ul style="list-style-type: none"> Adults with high blood pressure 	100%	\$0
Diet: <i>Counseling</i>	<ul style="list-style-type: none"> Adults at higher risk for chronic disease 	100%	\$0
HIV: <i>Screening</i>	<ul style="list-style-type: none"> Adolescents and adults aged 15 to 65 years Other ages at increased risk 	100%	\$0
Immunization vaccines	<ul style="list-style-type: none"> All adults: Doses and recommended ages and populations vary 	100%	\$0
Obesity: <i>Screening and counseling</i>	<ul style="list-style-type: none"> All adults 	100%	\$0
Sexually transmitted infection: <i>Prevention counseling</i>	<ul style="list-style-type: none"> Adults at higher risk 	100%	\$0
Syphilis: <i>Screening</i>	<ul style="list-style-type: none"> Adults at higher risk 	100%	\$0
Tobacco use: <i>Screening Cessation interventions</i>	<ul style="list-style-type: none"> All adults Tobacco users 	100%	\$0

* **Network providers:** If your health plan uses a network of providers, be aware that health plans are required to provide these preventive services only through an in-network provider. Your health plan may allow you to receive these services from an out-of-network provider, but may charge you a fee.
Office visit fees: Your doctor may provide a preventive service as part of an office visit. Be aware that your plan can require you to pay some costs of the office visit if the preventive service is not the primary purpose of the visit or if your doctor bills you for the preventive services separately from the office visit.

Preventive care. Health and Human Services Web site. <http://www.hhs.gov/healthcare/rights/preventive-care/index.html>. Accessed October 8, 2014.
 Preventive health services for adults. Healthcare.gov Web site. <https://www.healthcare.gov/what-are-my-preventive-care-benefits/>. Accessed September 25, 2014.



Most health plans must cover additional preventive services for women

Covered preventive services for women	Who is it for?	pays	Individual pays
Anemia: <i>Screening on a routine basis</i>	• Pregnant women	100%	\$0
Breast cancer: <i>Chemoprevention counseling</i>	• Women at higher risk for breast cancer (family history of breast or ovarian cancer)	100%	\$0
Breast cancer: <i>BRCA genetic test counseling</i>	• Women at higher risk	100%	\$0
Breast cancer: <i>Mammography screening</i>	• Women over the age of 40 years: Every 1 to 2 yr	100%	\$0
Breastfeeding: <i>Comprehensive support and counseling</i>	• Pregnant and nursing women	100%	\$0
Cervical cancer: <i>Screening</i>	• Sexually active women	100%	\$0
Chlamydia infection: <i>Screening</i>	• Younger women and other women at higher risk	100%	\$0
Contraception*	• Women with reproductive capacity	100%	\$0
Domestic and interpersonal violence: <i>Screening and counseling</i>	• All women	100%	\$0
Folic acid supplementation	• Women who may become pregnant	100%	\$0
Gestational diabetes: <i>Screening</i>	• Pregnant women at 24 to 28 weeks and those at higher risk	100%	\$0
Gonorrhea: <i>Screening</i>	• Women at higher risk	100%	\$0
Hepatitis B: <i>Screening</i>	• Pregnant women at first prenatal visit	100%	\$0
HIV: <i>Screening and counseling</i>	• Sexually active women	100%	\$0
Human papillomavirus (HPV) DNA test	• Women 30 years of age and older: Every 3 years when Pap tests are normal	100%	\$0
Osteoporosis: <i>Screening</i>	• Women over the age of 60 years, depending on risk factors	100%	\$0
Rh incompatibility: <i>Screening</i>	• All pregnant women • Follow-up testing for women at increased risk	100%	\$0
Sexually transmitted infection: <i>Counseling</i>	• Sexually active women	100%	\$0
Syphilis: <i>Screening</i>	• All pregnant women • Other women at increased risk	100%	\$0
Tobacco use: <i>Screening and interventions</i>	• All women • Expanded counseling for pregnant tobacco users	100%	\$0
Urinary tract or other infection: <i>Screening</i>	• Pregnant women	100%	\$0
Well-woman visit	• Women younger than 65 years of age	100%	\$0

*Does not apply to health plans sponsored by certain exempt "religious employers."

Preventive health services for women. Healthcare.gov Web site.
<https://www.healthcare.gov/what-are-my-preventive-care-benefits/women/>. Accessed September 25, 2014.